

**MORE  
THAN**  
*a shelter.*

# RAISING UP

THE GOOD NEWS OF HELPING UP MISSION



## Everything is Going to be Alright

“Before I came to Helping Up Mission (HUM), I lost my family, my job—everything,” says Malik, 47 (in the left photo). “I grew up in a traumatic home. My mother was on a first-name basis with the cops. Every weekend, there were cops at my house. I learned not to ‘dig in’ to the deep stuff in life—I stayed on the surface. I generally feel that I am a good guy with good morals, but I loved the taste of alcohol.”

“I have always had a romantic relationship with alcohol. One day, I was drinking with friends at a saloon in Mount Vernon—a place I frequented where many actors would come through. I had always loved film and admired great actors like William Hurt. I was drawn to stories of Laurence Olivier drinking in the wings before stepping on stage. Deep down, I knew I had it in me to be an actor. There was something about stepping into another person’s shoes that I loved—maybe because I was running from myself.”

continued on page 2 →

2

Daniel Stoltzfus’  
monthly update

3

• Focus on Recovery  
• Con’Grad’ulations

4

Helping Up  
Mission’s 140th Year

CONTINUED FROM PAGE 1

“Later in life, I got divorced from the mother of my daughter and lost my mother in a span of two years. I was in pain, suffering while dealing with my loss. Before you know it, I was drinking a lot and not holding jobs. My health got really bad—I was having seizures and blackouts. I ended up at Johns

**“One night, I was walking through Canton Square, and that is when I found my father—homeless.”**

Hopkins Hospital, and a guy there asked, ‘Why don’t you go to HUM?’ The funny thing is, a year earlier, I was walking the streets of Baltimore and passed a HUM billboard. I just looked at the picture and felt a connection. But I wasn’t ready.”

“One night, I was walking through Canton Square, and that is when I found my father—homeless. At first, I did not recognize him, but he looked up, and I found my dad. I hadn’t seen him for 12 years! He has been receiving proper care ever since.”

“Since coming to HUM, I love being sober, and the spiritual focus of the program is what I needed. I am thankful for this place. The Spiritual Recovery Program is a very special opportunity for men. Even in the little things, you see God moving around the mission. Today, it is not about me anymore. It is about my little girl, who is about to be 13, and I want to be with her. I would like to be a positive influence on my daughter. I know my mother is looking down from heaven right now, cussing me out but knowing everything is going to be alright.”



## Hope Restored. Lives Rebuilt.

Daniel’s Monthly Update

### Dear HUM Family,

Going back to our founding in 1885, Helping Up Mission’s purpose has been clear, to “help up” those in need. The words and descriptors of our mission may have shifted slightly over time but the call to rescue, reform and respond to the needs of those facing alcoholism, addiction, abandoned & dissolute lives remain resolute and focused. Transformation is the heart of our history and work here at HUM. And you’ll notice this month that we are recognizing our 140th year with some updates to our mission statement.

Our refreshed mission statement simply puts the accent mark on the transformative nature of our work and the way it happens at HUM. Our work at Helping Up Mission is only possible through partnership with caring and generous supporters, dedicated community partners and built on the foundation of our faith with a program founded on the Biblical basis of the 12-Steps.

Bringing these powerful elements together promotes transformation, work that moves far beyond meeting basic needs—as illustrated in stories like Malik’s this month, rebuilding lives and restoring families. When you support HUM, you make this transformation possible for those we serve.

Serving with you,

**K. Daniel Stoltzfus, CEO**  
Helping Up Mission

## Our Mission

To transform the lives of and restore hope to those suffering from addiction and poverty by harnessing the power of faith, science, and community.



# Focus on Recovery

Mike Rallo – Director of Spiritual Life

In our feature story, Malik shared, “I’ve always had a romantic relationship with alcohol.”

Addictions—whether alcohol, drugs, power or a phone—can easily turn into unhealthy “relationships.”

“For sure,” Malik said. “But now, I have a different relationship with being sober. Finding God and peace in that relationship makes me feel more alive than ever. And that relationship brings better connections with myself, my family, my friends and a hope to be more than I ever was.”

“More than I ever was.” That’s our desire for everyone who goes through this program. In class, we reference *kintsugi*—the Japanese art of repairing broken pottery with gold. This process highlights that breakage and repair are part of an object’s history, making it more beautiful and valuable than before.



“I needed to be broken—and see the brokenness,” Malik reflected. “Now, the gold in my cracks is a relationship with my daughter that’s stronger than it ever could’ve been. God doesn’t just restore the broken pieces—he fills them with gold. He truly makes all things new.”

## Con‘Grad’ulations

Join us in celebrating success through our Workforce Development Program and the National External Diploma Program (NEDP). In partnership with AACC High School Diploma Programs, Marvin, Martin and Shawna recently earned their Maryland High School Diplomas. Overcoming one challenge often opens new doors. Congratulations—your perseverance inspires us all!





## Heart of Giving

For over 34 years, Steve Adelsberg, Sr. Vice President at Tom James (luxury clothier) has provided executive/custom suits and business attire to Baltimore residents. During this time, Steve has collected “lightly worn” clothing from his clients and coordinated their donation to HUM’s Gifts in Kind Clothing program. We appreciate Steve’s dedication in providing high quality clothing to HUM’s clients.

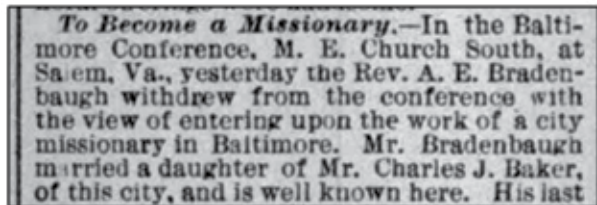
### To Donate Urgent Needs

[Helpingupmission.org/ways-to-give/donate-goods](http://Helpingupmission.org/ways-to-give/donate-goods)



# Helping Up Mission’s 140th Year

On March 18, 1885, *The Baltimore Sun* published a notice announcing that Reverend Abraham Bradenbaugh had left Virginia to begin missionary work in Baltimore City. His efforts soon evolved into Helping Up



Mission, which was later incorporated to provide “the rescue and shelter of persons leading dissolute and abandoned lives...”

Bradenbaugh’s legacy has spanned nearly a century and a half since our founding, helping men and women overcome poverty and addiction in Greater Baltimore. While our location has changed a few times over the past 140 years, HUM has continually evolved—not only meeting immediate needs but also addressing the underlying roots of homelessness and substance abuse.

“Truly I tell you, whatsoever you do for the least of My brothers and sisters, you do for Me.” — Matthew 25:40

## OUR NEW MISSION STATEMENT

At Helping Up Mission, we have created a new mission statement which reflects our dedication to Life-Transformation: Where sacred and science come together.



[helpingupmission.org/about-us](http://helpingupmission.org/about-us)



1029 E. Baltimore St.  
Baltimore, MD 21202

**410-675-HELP (4357)**  
**[helpingupmission.org](http://helpingupmission.org)**

## Our Mission **NEW!**

To transform the lives of and restore hope to those suffering from addiction and poverty by harnessing the power of faith, science, and community.

### Donate now

Mail us your gift or give online at [helpingupmission.org/donate](http://helpingupmission.org/donate).

Follow us on social media: [helpingupmission](https://www.youtube.com/helpingupmission)

[@helpingup](https://www.instagram.com/helpingup) [helpingupmission](https://www.facebook.com/helpingupmission) [@helpingup](https://twitter.com/helpingup)