

**MORE
THAN**
a shelter.

RAISING UP

THE GOOD NEWS OF HELPING UP MISSION



Saved for a Purpose

Before I came to Helping Up Mission (HUM), I had lost control of everything,” recalls Willy, 35 (*in left photo*). “In January 2020, I was exhausted, things were falling apart, and my wife and I separated. I attempted suicide. I don’t remember the fire department pulling me from the car—just flashing lights. The next thing I knew, I was in the ER.

“I later learned that the mix of drugs in my system actually saved my life. A nurse asked, ‘Why do you think you didn’t die?’ Even at my lowest, I wasn’t alone. I told her, ‘Because I’m one of God’s favorite sons.’ She laughed and said, ‘You’re in the right place,’ and I was admitted to the psych ward.

“One day, a nurse said, ‘I was struck when you said you’re one of God’s favorite sons. Could

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you elaborate?’ I told her that if I shared my life story—all I’ve been through—she’d see how God saved me over and over. She then said she’d been having a recurring dream about saving one of God’s favorite sons.

“After many relapses, my mom told me to call HUM. Once I got into the program, I started working at the front desk.

“I knew I was where God wanted me to be.”

One day, Ramon Croussett Jr., Outreach Case Manager, invited me to join the Mobile Street Outreach. As I served juice and shared about Helping Up



Mission, I looked into the eyes of these men—it was like looking in a mirror. I knew I was where God wanted me to be.”



Hope Restored. Lives Rebuilt.

Daniel’s Monthly Update

Dear HUM Family,

This month, Team HUM was focused on representing our mission and work at the Baltimore Running Festival. Thank you to each of you who supported us in this team effort to help more people get into recovery at Helping Up Mission.

Our motivation to keep running comes from stories like Willy’s which highlights one of the men and women we serve who build their recovery through giving back to others. He also highlights the critical need for our community to reach out and engage those in need of recovery—from hospital emergency room contacts with our Next Step program to our “Help is On the Way” Mobile Street Outreach program. Willy said it best when he shared, “I looked into the eyes of those we serve on the outreach...I knew it was where I needed to be.”

Thanks for standing with us at HUM through your giving, service and prayers.

Serving with you,

A handwritten signature in black ink, appearing to read "K. Daniel Stoltzfus".

K. Daniel Stoltzfus, CEO
Helping Up Mission

“...and let us run with endurance the race God has set before us.”

– Hebrews 12:1b

Focus on Recovery

Peter Griffin - Director of Outreach and Intake

In our Mobile Street Outreach program, we travel throughout Baltimore and often encounter men and women who have previously been in our Spiritual Recovery Program. Our goal is to restore their hope, helping them rebuild their lives. While we wish we could take them off the streets immediately, that isn't always possible.

Thanks to caring individuals like Willy, who was once homeless himself, we are able to offer them hot soup, a drink, and hygiene products. Although they may not return with us that day, their immediate needs are met, and that brings us hope.

There is great gratification in serving them. When I walk down the hall back on campus and



see that God has brought them back to us, I am reminded that each life restored is a soul saved. Thank you, God.

Community Day

On September 28, Helping Up Mission joined Historic Jonestown's Community Day Block Party. Our women's choir, Voices of Praise, delighted the neighborhood with beautiful music, while our men grilled burgers and hot dogs. Local performers, a magic show, face painting, and cotton candy added to the fun. We're proud to be part of Jonestown—see you next year!





Urgently Needed

Our Mission urgently needs donations of hygiene items and toiletries to support those in our care! Simple items like deodorant, foot powder, shampoo, conditioner and lotion can have a profound impact on someone's dignity and well-being. Together, we can ensure that everyone has access to basic hygiene necessities. Please consider donating today and help us spread hope and care in our community!

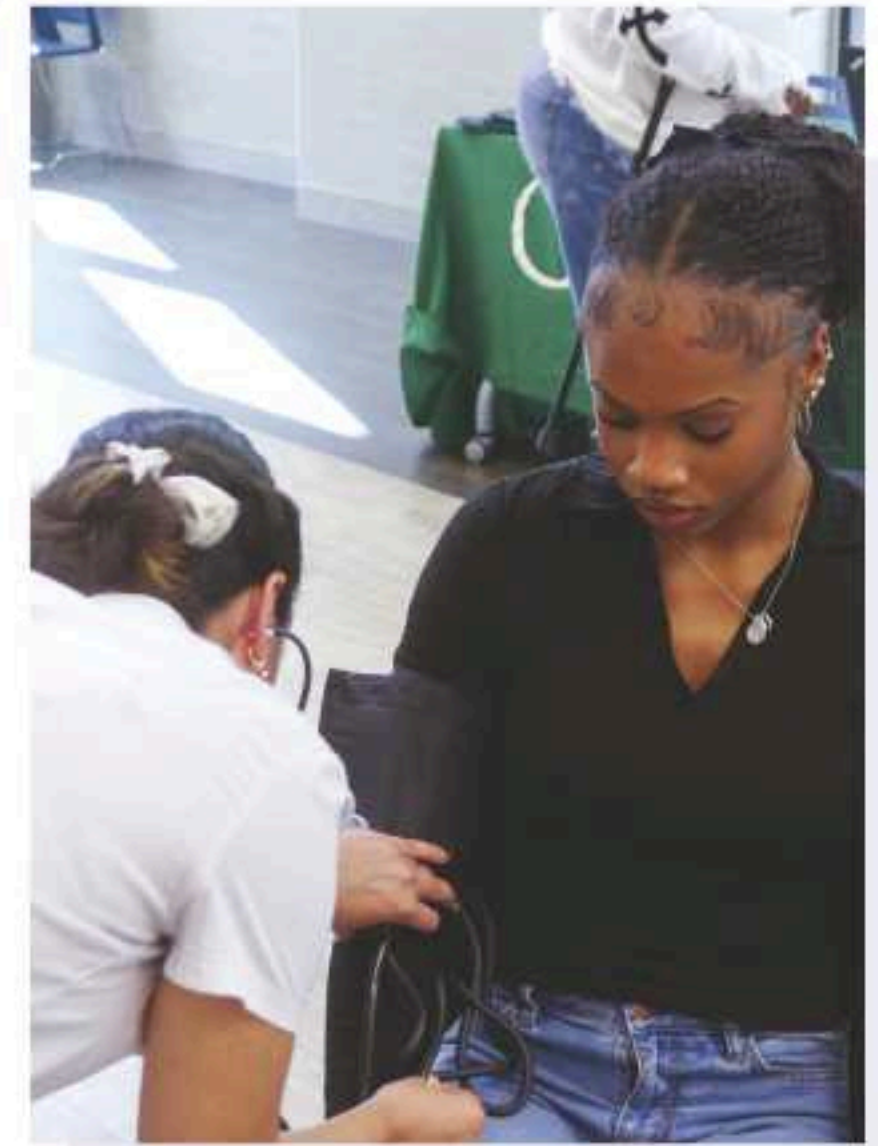
To Donate Urgent Needs

[helpingupmission.org/
ways-to-give/donate-goods](https://helpingupmission.org/ways-to-give/donate-goods)



Celebrating Women's Health

On October 9, our Center for Women & Children hosted its 3rd Annual Health Fair. Attendees enjoyed a relaxation room, photo booth, healthy snacks and raffles. Partners from Johns Hopkins Medicine, Towson University, Healthy Smiles, GBMC and the Baltimore City Health Department offered health screenings covering dermatology, dental health, CPR, pediatric care, diabetes and women's health. Breakout sessions focused on smoking cessation, pediatric nutrition and breast health.



Marjorie Brown, Assistant Director of Spiritual Life shared, "We are excited to bring our health fair in-house for our ladies." Deborah W.

remarked, "It integrates mind, body and soul!" Nia G. added, "HUM wants us to prosper as people." Shawna P. concluded, "We were not seen before, now we are heard!"

WE NEED VOLUNTEERS

We are currently facing a volunteer shortage and need your help to continue serving those in need. Your time and dedication can make a real difference in the lives of our community members—join us and be the change today!



[helpingupmission.vomo.org/
invite/org/HELPINGUP](https://helpingupmission.vomo.org/invite/org/HELPINGUP)

 **Helping Up Mission**
Hope Restored. Lives Rebuilt.

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Our Mission

Helping Up Mission provides hope to people experiencing homelessness, poverty, or addiction by meeting their physical, psychological, social, and spiritual needs.

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